

MENTAL HEALTH TRAINING FOR STUDENTS

In Florida, quality mental and emotional health education has been identified as a high priority. Effective for the 2019-2020 school year, two different statutes have been released by the Florida Legislature that require all districts to provide education to students in the following areas.

Rule [6A-1.094122, F.A.C.](#) Substance Use and Abuse Health Education (grades K-12)

Rule [6A-1.094123, F.A.C.](#) Child Trafficking Prevention Education (grades K-12)

Oasis Elementary will support this through:

Substance Use and Abuse Health Education	Course Delivery	Instructor Qualifications	Description of Instruction
Kindergarten – Fifth Grades	<p><i>Red Ribbon Week</i> will educate and instruct students how to:</p> <p>Identify ways that drugs, alcohol, and tobacco affect the body, family/friends, and the community.</p> <p>Recognize warning labels and signs on hazardous products</p> <p>Recognize school and community health helpers.</p> <p>Identify healthy practices and behaviors to maintain or improve personal health.</p> <p>Predict how friends/peers may influence various health practices of children.</p>	State of Florida Department of Education Certified Teachers	Standards based/cross-curricular instruction using grade appropriate guidance resources which are implemented during
5 th grade	<i>Learning for Life</i>	State of Florida Department of Education Certified Teachers	<p>Identify ways that drugs, alcohol, and tobacco affect the body, family/friends, and the community.</p> <p>Recognize warning labels and signs on hazardous products</p>

Child Trafficking Prevention Education	Course Delivery	Instructor Qualifications	Description of Instruction
Kindergarten First Grade Second Grade Third Grade Fourth Grade Fifth Grades	6 Lessons 8 Lessons 8 Lessons 6 Lessons 5 Lessons 5 Lessons 1 lesson per week	State of Florida Department of Education Certified Teachers	<p><i>Safer, Smarter Kids</i> is an abuse prevention education curriculum designed for Pre-K and elementary-aged children, created by the Lauren's Kids foundation. Lauren's Kids is an organization founded and led by Lauren Book, M.S. Ed. She is a child sexual abuse survivor, child advocate and educator who works to prevent child abuse and help survivors heal.</p> <p>The curriculum focuses on teaching children that they have the ability to protect themselves. The activities of this curriculum are designed to help you meet existing educational requirements in the areas of social studies, theatre, visual art, health education, and reading/language arts, while imparting critical safety information.</p> <p><i>Safer, Smarter Kids</i> includes five to eight, 30-minute age-appropriate lessons regarding personal safety and how to ask for help when a situation makes you uncomfortable. The children then have the opportunity to practice these concepts through in-class activities.</p>